

# METRO MASS FAMILY LEADERSHIP SERIES 2024

**A FREE training that guides parents and family caregivers to imagine better and be effective leaders at the local level and beyond**

The Family Leadership Series consists of three, two-day workshops, plus one half-day session for family caregivers of people who are eligible for Massachusetts DDS Services. Families are expected to participate in all sessions.

**Location:** Natick, MA

## **Dates:**

Feb 10, 2024, 9am-12pm Meet & Greet (VIRTUAL)  
March 1 & 2 2024, 9am-5pm both days (In-Person)  
April 5 & 6 2024, 9am-5pm both days (In-Person)  
April 27, 2024, 9am-12pm (VIRTUAL)  
May 3 & 4 2024, 9am-5pm both days (In-Person)

## **Topics Families Learn About:**

- History of the Family Leadership Movement
- Leadership and Advocacy
- Creating a Vision
- Policy-Making
- Self-Care

## **The Family Leadership Series provides:**

- Information and tools to effectively advocate for change
- Support in developing the vision and leadership skills needed to support your family
- Opportunities to meet other families, share experiences & ideas, and practice newly acquired skills in a supportive environment

## **More Information**

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**“The Family Leadership Series literally has given me more confidence in myself than any other experience.”**

*- Family Leadership Series Graduate*

**Presented By**



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